

## Hello Everyone

We thought we would send an email with some up-to-date information and recent club news. It's great for everyone to be back in the pool and we are still benefiting from some extra lane space from HST at this time which is allowing further development of our swimmers. An email has been sent from the General Secretary re a change to training times for some squads/sessions - please check your email and read asap - changes from 12th July 2021. There will be NO break in the club sessions during the summer holidays

Firstly, can we **welcome** our new C Squad swimmers who have been swimming with the club for a few weeks now. We hope you have settled in and are enjoying the club and also that everyone has made you feel welcome. We hope to meet all parents in person soon. We trialled another group of C squad swimmers on Wednesday past so will update you all later with more details. We continue to receive enquiries from parents about future trial dates, so the future is looking good for the club.



Congratulations to Madi and Miguel who have moved up to A Squad and to Eleanor, Lewis, Rebecca and Tyla who have moved up to B Squad. Well done. Your hard work and commitment has paid off.



We are delighted that some of our swimmers are eligible to compete at the Festival of Swimming in Aberdeen – Good Luck to all those competing - Alex, Andrew, Caitlin, Ellie and Isla. Swim fast and do your best - We hope this is the start of all swimmers getting the chance to compete at meets. The club also hopes for our swimmers to participate this month in the North District National Virtual Gathering - Tighinn CÒmhla 2021



If any swimmers are interested in taking part in Open Water Events this summer notes of interest are open. They close on Friday 9th at 7pm and entries will be open a few days after. Information is on scottishswimming.com or our Facebook page. The two events are:

West District Loch Venacher 13th & 14th August

Scottish National Open Water Swimming Championships Lochore Meadows 4th&5th September

Sadly, we said goodbye to Coach Paul who retired from the club this month after 12 years of coaching with IASC. Paul is going to be hugely missed by all our swimmers, coaches and families. We are grateful to have had many years of his experience and knowledge and we hope he comes back to visits us. Good luck Paul and enjoy your time off.

For all members the online shop is available to order IASC kit apart from swimming caps – Fiona still has a large stock of caps at £5 each. We are in the process of looking for a new supplier for the caps so we can get a wider range of colours/materials. On checking with a number of parents a lot of you are keen to have purple hats instead of white. It will make our swimmers more identifiable at meets and will match the current club kit. Once we have looked at all available options, we plan to run a Facebook survey - We would love all of you to feedback your thoughts.

Please remember to  $\mbox{\it LIKE}$  our Facebook page so you can see any updates from the club.



klasklothing :: Inverness Swim Club

We are a very new committee and are still looking for parents to assist with either committee roles or as Covid Officers or even both - we have a number of parents who are voluntarily giving up their time to be Coaches and/or Covid Officers as well as some also being committee members. There remains a number of vacant committee roles some of which do not require much of your time. As meets start we will need to fill these vacancies asap. We will be sending out an email soon with the vacancies and descriptions of the role. We REALLY NEED more Covid Officers so sessions can run and the more Covid Officers we have the less chance of sessions being cancelled, also you get the chance to see your child swim. Not only does your swimmer need to show commitment but we also need YOU to assist in order that your child can progress. We are all parent volunteers, and the simple matter is that the club can only function with YOU helping out. Please consider what vacancies are available and where you might be able to help. We can all work as a team and help each other throughout. Our hope is that with more volunteers, each role can be shared and simplified. Let's try and help each other out and work as a team and as the club moves on let's support each other and our swimmers. The club cannot run without your support and assistance.



If you would like more information about being a Covid Officer or want to be added to the next course, contact Kirsty or Shona at sto@invernessswimmingclub.co.uk.

For information about Committee Roles please contact chair@invernessswimmingclub.co.uk.

We are also keen for anyone to consider coaching or being a poolside helper. A number of courses are currently online but have a look at the Scottish Swimming Website where there is information on available courses.



Training fees were due 1st July. - If you have not arranged your payment, please ensure this is done asap - also remember to set your payment up with the unique reference number each swimmer was allocated in November 2020. This ensures that payments are allocated swiftly and correctly. Any queries please contact the treasurer.



Contacts - Can we also ask if you have any queries can you please ensure you are contacting the correct person - All IASC contact emails addresses are on the foot of each email.

 ${\bf General\,Enquiries\,-\,general@inverness swimming club.co.uk}$ 

Training Fee/Payment Queries - please contact Gillian - treasurer@invernessswimmingclub.co.uk

Membership Enquiries - Please contact Archie - membership@invernessswimmingclub.co.uk

Covid Training or to report a Covid related absence - sto@invernessswimmingclub.co.uk

Coach emails - Fitness swimmers please contact A squad coach meantime. The coaches may reply to you from another email but please contact them as per below:

ASquadCoaches@invernessswimmingclub.co.uk BSquadCoaches@invernessswimmingclub.co.uk CSquadCoaches@invernessswimmingclub.co.uk

Have a lovely summer and if you do go on holiday, please update your health declaration forms prior to returning to swimming sessions.

